

Outcomes

The Kuop Maaman Djinaning-Bo Program is aimed at positively impacting the social, emotional and spiritual wellbeing of Aboriginal Maaman (Men / Male Youth) on Nyungar Boodja (Perth) to support hope and healing leading to strong Maaman, Strong Wirin (Spirit), strong families, strong communities.

Target Cohort

- Young Aboriginal Maaman aged between 11-18 and their adult Maaman /male caregiver or significant kin relative living on Wadjuk Nyungar Boodja.
- Young Aboriginal Maaman who would like to build strong, positive relationships. • Young Aboriginal Maaman who are currently living in or may have lived in a household where relationships were characterized by violence.
- Care leavers and young people preparing to leave care.
- Families seeking out culturally safe support for Maaman through word of mouth or through referral pathways..

Participation and Reach

The program is designed to support 15-20 Maaman per month, aiming to engage a total of 200-240 Maaman over the 18 months of the program.

Through consistent participation and community involvement, the Kuop Maaman Djinaning-Bo Program will promote a supportive and culturally safe environment for all participants.

Kuop Maaman Djinaning-Bo Program

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KUOP MAAMAN DJINANING-BO PROGRAM

Good Men Looking Forward



**DOOGA WAALITJ
HEALING**



Kuop Maaman Djinaning-Bo Program

Good Men Looking Forward

The Kuop Maaman Djinaning-Bo Program is a primary prevention initiative that focuses on strengthening cultural connections and roles as young Aboriginal Maaman (Men) in Community to prevent factors that may contribute to family and domestic violence (FDV). By fostering cultural resilience and pride in culture, the program aims to build a strong foundation for healthy, respectful relationships and community well-being.

Utilising weekly Yarning Circles and On Country trips; Kuop Maaman Djinaning-Bo will provide the opportunity for Young Aboriginal Maaman and their Maaman caregiver an opportunity to feel proud of their roles as Maaman in their family and community.

Maaman will connect to country and to engage in cultural activities through on Country trips leading to positive solid Maaman and young Maaman with a strong Wirin (spirit).

Program Structure

The Kuop Maaman Djinaning-Bo Program will run for 18 months, offering a total of 12 sessions. Each month, the program provides culturally safe activities that strengthening Maaman and Young Maaman

Program includes:

- **Week One:** Yarning circles / cultural workshop for young Aboriginal Maaman only, exploring themes of respect, cultural identity, and well-being.
- **Week Two:** Continued yarning circles / cultural workshop for young Aboriginal Maaman only to deepen the discussions and reinforce positive behaviors, relationships and coping strategies.
- **Week Three:** Yarning circles / cultural workshop for Maaman (male caregivers) only, allowing them to discuss supporting young Maaman in a culturally safe environment, to develop strategies to support growing up strong Maaman connected to culture.
- **Week Four:** A weekend overnight camp and / or an On Country trip for both young Aboriginal Maaman and their Maaman caregiver designed to deepen cultural learnings on Country, build stronger connections, and create a space for healing and growth.

Objectives

The Kuop Maaman Djinaning-Bo Program aims to achieve the following objectives:

- Promote Strength in Culture and Identity
- Enhance Mental Health and Well-being
- Build Strong, Positive Relationships
- Hope and Healing

